



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

Day 1 – Thursday, September 29, 2016

08:00 – 08:45 **Registration and Continental Breakfast**

08:45 – 09:00 **Welcome**

Dr. Eric Vickar, Conference Chair and President, EDAC-ATAC

09:00 – 10:15 **Keynote Speaker**

Topic: Evidence-Based Practice in the Context of Eating Disorders

Speaker: Dr. Carolyn Becker

Objectives: TBD

10:15 – 10:45 **Nutrition Break**

This is an opportunity for informal discussion and networking.

10:45 – 11:45 **Plenary I**

Topic: Binge Eating Disorder

Speaker: Dr. George Tasca

Goal: To highlight the reality of BED awareness and treatment strategies underway in Canada. The plenary will specifically focus on clinical trials that have been completed in group settings.

Objectives: TBD

12:00 – 13:00 **Paper Presentations I**

Track I: Adolescent Focus

- Early Identification of Eating Disorders: A Mixed Method Pilot Study
Presenter: Karin Jasper
- Treatment Outcomes for Adolescents in an Intensive Day Treatment Program for Eating Disorders
Presenter: Jennifer S. Coelho
- Keeping Schools Safe: What Proportion of Patients with Eating Disorders Cite School Experiences as a Primary Trigger for ED Onset?
Presenter: Mark L. Norris
- Asceticism, Perfectionism and Overcontrol in Youth with Eating Disorders
Presenter: Nicole Obeid



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

Track II: Adult Focus

- Classic Hallucinogen Use is Inversely Related to Disordered Eating and Mental Health Issues: Exploring Mechanisms of Action
Presenter: Adele Lafrance Robinson
- Deep Brain Stimulation for Anorexia Nervosa – One Year Outcome in 16 Subjects
Presenter: Blake Woodside
- Reexamining the Role of Exercise in Relationship to Eating Disorders; Symptom and Treatment?
Presenter: Danika Quesnel
- A Pilot Study of Cardiac Abnormalities in Anorexia Nervosa Patients Based on Electrocardiogram, Echocardiogram, and Cardiac Magnetic Resonance Imaging
Presenters: Karen Chu, Daryl Shantz

13:00 – 14:00 **Lunch** (provided)

Section Meetings I

Intensive Group Therapy
Students

14:00 – 15:30 **Workshop Session I**

Track I

- Longer Term Outcomes and Length of Stay in a Day Hospital Program for Children and Adolescents
Presenter: Karin Jasper
- Culturally Sensitive Body Image Programs: What is Missing and How Can We Address the Gap?
Presenter: Courtney B. Petruik
- You Can't Do This Without an OT: Normalizing Occupational Performance in Adolescents with Eating Disorders to Support Recovery
Presenter: Cheryl Fiske
- Moving From Weight to Wellness: A Community-Based Treatment for BED
Presenter: Danna McDonald



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

Track II

- **Meal Support: A Novel, Individualized Approach**
Presenters: Shawn Carter, Sara Wolfe
- **Family Therapy Interventions with Eating Disorders: A Pinwheel of Models Applied to a Single Clinical Case Vignette**
Presenters: Gina Dimitropoulos, Monica Sesma-Vazquez, Shelly Russell-Mayhew
- **Residential Treatment for Adolescents with Eating Disorders – Two Years Later**
Presenter: Leora Pinhas

15:30 – 16:00 **Nutrition Break**
Posters available for viewing

16:00 – 17:00 **Plenary II**
Topic: Ask a Simple Question...Is There a Simple Answer? An Update on the Epidemiology of EDs in Canada and Discussion of Next Steps
Speakers: Dr. Mark Norris and Dr. Gail McVey
Goal: To review results of a recent study investigating the epidemiology of EDs in Canada.
Objectives: TBD

18:30 – 21:00 **Thursday Evening Reception** (everyone welcome)
A reception featuring scrumptious appetizers, food stations showcasing fabulous local fare, and a variety of delicious desserts. Beverages will be available for purchase. Regional performance artists will entertain.



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

Day 2 – Friday, September 30, 2016

08:00 – 08:45 **Continental Breakfast**

08:45 – 09:00 **Welcome and Housekeeping**

Dr. Eric Vickar, Conference Chair and President, EDAC-ATAC

09:00 – 10:15 **Keynote Speaker**

Topic: Autonomous Motivation in Eating Disorders Treatment

Speaker: Dr. Howard Steiger

Goal: To discuss the concept of autonomous motivation in ED patients and to examine the impact of motivation and commitment on treatment response.

Objectives: TBD

10:15 – 10:45 **Nutrition Break**

Posters available for viewing

10:45 – 12:15 **Workshop Session II**

- Understanding ARFID...What Do We Know? What Have We Learned?
Presenters: Mark L. Norris, Wendy Spettigue
- LEAP-ing Into Awareness
Presenters: Laureen Jennings, Ali Eberhardt
- What Makes it Hard to be Collaborative (even when we want to be)? Mindfulness and Compassion in Clinical Practice
Presenter: Josie Geller
- Family Based Treatment for Transition Age Youth (FBT-TAY) with Anorexia Nervosa: An Interactive Workshop for Engaging Young Adults and Their Carers in a Developmentally, Age Appropriate Model
Presenter: Gina Dimitropoulos
- Eating Disorders Post-Bariatric Surgery: What Eating Disorder Professionals Need to Know
Presenter: Jessica Van Exan
- Peer Support and Eating Disorders
Presenter: Shaleen Jones



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

12:15 – 13:15 **Lunch** (provided)

Section Meetings II

CanPED

Dieticians

Occupational Therapy

Prevention

13:15 – 14:15 **Paper Presentations II**

Track I: Program Evaluation

- Dance/Movement Therapy in a Multidisciplinary Adolescent ED Inpatient Program: Evaluation of its Integration and Preliminary Outcomes
Presenter: Louis Picard
- Preliminary Findings of a DBT-Informed Multi-Family Therapy Group
Presenter: Gisele Marcoux-Louie
- Translating Research into Clinical Practice in Tertiary Care: Mapping the Patient Journey According to the BC Clinical Practice Guidelines
Presenter: Josie Geller
- Parental Involvement Matters: Improving Access to Nutrition Care
Presenter: Tara Slemko

Track II: Prevention/Service Coordination/Treatment

- Transitional Age Young Adults: Navigating the Need for Interdependence in the Treatment of Eating Disorders
Presenter: Madalyn Marcus
- Adolescent and Young Women's Opinions of Eating Disorder Prevention Messages
Presenter: Jennifer S. Mills
- Hashtag Goals: Eating Disorder Recovery on Instagram
Presenter: Andrea LaMarre
- Exploring Eating Disorders Programs, Services and Supports Through a Knowledge Exchange Network in British Columbia
Presenter: Julia Raudzus



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

14:15 – 14:45 **Nutrition Break**

14:45 – 15:45 **Open Forum Discussion**
Topic: Next Steps for EDAC

15:45 – 16:00 **Closing Remarks and Conference Evaluations**

Posters

1. A 12-Month, Open-Label Study of the Safety and Tolerability of Lisdexamfetamine Dimesylate in Adults with Moderate to Severe Binge Eating Disorder
Presenter: Barry K. Herman
2. A Double-Blind, Placebo-Controlled, Randomized-Withdrawal Study of Lisdexamfetamine Dimesylate in Adults with Moderate to Severe Binge Eating Disorder
Presenter: Barry K. Herman
3. Attentional Processing and Sensitivity to Levels of Intensity in Emotional Facial Expression Recognition in Disordered Eating
Presenter: Tamara Davidson
4. Avoidant Restrictive Food Intake Disorder: A Single Site Experience with Adolescent Patients
Presenter: Mark L. Norris
5. Ayahuasca-assisted therapy: A promising treatment for the healing of eating disorders – but can we see past the controversy?
Presenter: Adele Lafrance Robinson
6. Behaviour Therapy in the Treatment of Eating Disorders – A Systematic Review
Presenter: Shawn Carter
7. Case Series: The Development of Anorexia Nervosa Following Bariatric Surgery
Presenter: Jason Bond
8. Characteristics and Treatment Experiences of Male Youth with Eating Disorders
Presenter: Jennifer S. Coelho
9. Community-Based Treatment of Eating Disorders Reduces Eating and Depressive Symptoms
Presenter: Josee Champagne



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

10. Determinants of Social Support Satisfaction in Adults with Eating Disorders
Presenter: Megumi Iyar
11. Development of the Binge Eating Disorder Screener
Presenter: Barry K. Herman
12. Efficacy and Acceptability of a Smartphone Application for Eating Disorder Self-Monitoring:
A Pilot RCT
Presenters: Aaron Keshen, Cheryl Aubie
13. Efficacy of ECHOs Approach for Patients with Eating Disorders and Their Carers
Presenters: Aaron Keshen, Cheryl Aubie
14. Empowering Families/Carers Through Emotion Focused Family Therapy (EFFT) Can Help
Beat ED in a Loved One
Presenter: Patricia Nash
15. Health in Minds: Bridging the Gap Between Clinician and Client
Presenter: Ali Eberhardt
16. Hurry Up and Wait: A Case Example of a Novel Treatment Approach to Managing Patients
with Anorexia Nervosa Awaiting Inpatient Care
Presenter: Pauline C. Leung
17. Improving the Care Experience: Creating Meaningful Engagement Through the
Development of a Patient and Family Advisory Committee
Presenter: Patty Yoon
18. Medical Concerns That Require a Specific Diet and Disturbed Eating Behaviours
Presenter: Josee Champagne
19. Preliminary Study Examining Self-Evaluation of Body Image Scale (SEBI): Patient Areas of
Self-Evaluation, Validity, and Reliability
Presenter: Vanessa Montemarano
20. Preparing for Evaluation: The Use of a Logic Model in Describing the Adaptation of DBT in
an Eating Disorders Program
Presenter: Samantha Durfy



At the Heart of it All

5th Biennial EDAC-ATAC Conference

September 29 & 30, 2016 | Fort Garry Hotel | Winnipeg, Manitoba



Eating Disorders
Association of Canada
Association des Troubles
Alimentaires du Canada

Conference Agenda

21. Sudden Cardiac Death in Anorexia Nervosa: A Unique Protocol to Predict Risk
Presenter: _____

22. Targeting Body Dissatisfaction in the Later Stages of Evidence-Based Care: Preliminary Outcomes
Presenter: Pauline C. Leung

23. The Story of Ubuntu
Presenter: Gisele Marcoux-Louie

24. To Wait or Not to Wait: Evidence Based Waitlist Management for Outpatient Eating Disorder Treatment?
Presenter: Kelty Berardi

25. What Makes It Hard for Family and Friends of Adults with Eating Disorders to be Collaborative?
Presenter: Megumi Iyar

DRAFT